

MEREDITH CESPEDES SORIANO, NP-C

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Qualifications

Adult Gerontology Primary Care Nurse Practitioner with 15-years of experience in nursing. Background in critical care, home healthcare, and emergency nursing.

Dedicated and self-motivated individual who is committed to providing exceptional care.

Licensure, Certifications & Professional Affiliations

- Virginia Board of Nursing, Nurse Practitioner License Number 0024178811, expires 3/31/2022
- American Academy of Nurse Practitioners, Certification Number AG11190003, exp 10/31/2024
- Virginia Board of Nursing, RN License Number 0001194752, exp 3/31/2022
- CCRN Certified on 8/16/2013, exp 7/31/2022
- Advanced Cardiac Life Support, exp 6/2021
- Pediatric Advanced Life Support, exp 5/2021
- Basic Life Support, exp 7/2020
- Member of the American Association of Critical-Care Nurses since 8/2013
- Member of American Association of Nurse Practitioners since 6/2019
- Member of the National Society of Leadership and Success since 10/2018

Duties and Responsibilities Performed as a Critical Care Nurse

- Continuous assessment of a patient's condition, planning, and implementing patient care plans
- Providing advanced life support to include management of ventilators, chest tubes, feeding tubes, central lines, and proper management of other types of medical equipment
- Preparation of patient for pre- and post-operative care
- Administration of medications through intravenous lines, gastric tubes, orally, by injection, or other methods
- Observation and recording of patient's vital signs and immediately responding to changes in patient's conditions

- Acting as a patient advocate; providing education and support to the patient and patient's family while supporting a compassionate and therapeutic environment for critically ill patients

Professional Nursing Experience

Intensive Care Unit, Staff Nurse and Nursing Supervisor June 2017-Present

Stone Springs Hospital Center, 24440 Stone Springs Blvd, Dulles, VA 20166
 ICU Director: Robyn Merriam, MBA, BSN, RN (571) 888-9607

Home Health Nurse, September 2016-December 2018

National Home Healthcare, 459 Herndon Pkwy, Suite 17, Herndon, VA 20170
 Nursing Director: Liz Murray (703) 625-0544

General Intensive Care Unit, Staff Nurse, January 2015-July 2016

Sentara Norfolk General Hospital, 600 Gresham Drive, Norfolk, VA 23507
 Director of Patient Care Services: Valerie Carroll, BSN, RN, CCRN (757) 388-5361

Intensive Care Unit, Staff Nurse, Oct 2011-May 2013

Inova Fair Oaks Hospital, 3600 Joseph Siewick Drive, Fairfax, VA 22033
 ICU Director: Melissa Anderson-Ortiona (831) 869-5669

Intensive Care Unit, Staff Nurse, Oct 2008-Apr 2012

Southern Maryland Hospital Center, 7503 Surratts Road, Clinton, MD 20735
 ICU Director: Sandy McLean (301) 877-4275

Home Health Nurse, July 2011-May 2013

Best Care Home Care 2070 Old Bridge Road, Ste 202, Woodbridge, VA 22193

Emergency Department, Registered Nurse 2, Sept 2008-May 2010 Inova Emergency

Care Center, 4315 Chain Bridge Road, Fairfax, VA 22030
 Executive Director: Houshang Falahatpour (703) 431-7683

Emergency Department, Assistant Management Coordinator, Jun 2006-Sept 2008

Inova Emergency Care Center, 4315 Chain Bridge Rd, Fairfax, VA 22030
 Executive Director: Houshang Falahatpour (703) 431-7683

Intensive Care Unit, Staff Nurse, Feb 2005-Nov 2006

Virginia Hospital Center, 1701 N. George Mason Drive, Arlington, VA 22205
 Director of ICU: Moira Haney (703) 558-6058

Professional Laboratory Experience

Medical Technologist, Microbiology, 2001-2005

Children's National Medical Center, 111 Michigan Ave NW, Washington D.C. 20010

Medical Technologist, Microbiology, 2000-2001

Riverside Regional Medical Center, 500 J Clyde Morris Blvd, Newport News, VA 23601

Medical Technologist, Hematology, Microbiology & Special Studies, 1999-2000

Sentara Virginia Beach General Hospital, 1060 First Colonial Road, Virginia Beach, VA 23454

Medical Technologist, Hematology, Chemistry & Blood Bank 1998-1999

Maryview Medical Center, 3636 High St., Portsmouth, VA 23707

Education

Master's of Science in Nursing, GPA 3.9

Adult Gerontology Primary Care Nurse Practitioner – Jan 2017-Aug 2019

Walden University, 100 S. Washington Ave, #900, Minneapolis, MN 55401

Bachelor of Science in Nursing - Aug 2013-Aug 2014

Old Dominion University, 5115 Hampton Blvd, Norfolk, VA 23529

Nursing, Associate of Applied Science - Jun 2003-Dec 2004

Marymount University, 2807 N. Glebe Road, Arlington, VA 22207

Medical Technology, Bachelor of Science - Sept 1992-Dec 1997

Old Dominion University, 5115 Hampton Blvd, Norfolk, VA 23529

11-week Clinical Rotation Preceptors

Dr. Maria Wasique

Ashburn Internal Medicine

21785 Filigree Ct #215

Ashburn, VA 20147

571-223-5610

Dr. Jonathan Charen

Leesburg Sterling Family Practice

24430 Stone Springs Blvd #135

Dulles, VA 20166

703-957-1255

Dr. Shalini Varshney

Saheli OBGYN

24805 Pinebrook Rd #101

Chantilly, VA 20152

571-367-2261

Henna Hurt, FNP-BC

Virginia Internal Medicine

Lake Manassas Health & Rehabilitation

14935 Holly Knoll Lane

Gainesville, VA 20155

813-451-1623